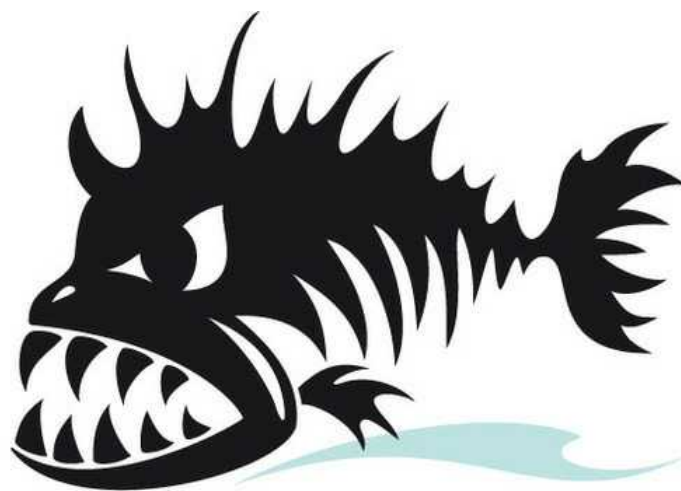


ICO & DCV Speedminton® TrainingCamp 2018 / North



ELBSPEEDERS.DE
FIRST SPEED BADMINTON CLUB HAMBURG

Official announcement

Elbspeeders invite you to their third official “ICO & DCV Speedminton® TrainingCamp“.

Crossminton sports fascinates us and the last TrainingCamp was a big success. That’s why we organize a new TrainingCamp together with DCV and ICO to have a long weekend for our loved sports.

The TrainingCamp is for everybody who likes Crossminton, who wants to improve technique & tactics and who wants to have fun with other Crossminton fans. It doesn’t matter if you are beginner or advanced. **You do not have to belong to any club.**



We have fantastic trainers this year:

Jasmina Keber (Crossminton-Trainer, Worldchampion & worldranking first) and Markus Hellauer (Instruction Team of the German Crossminton Federation) are happy to see you! Additional trainers might be announced.

Fun and spending time together will also be a big part of the camp. Maybe a few refreshing drinks, beer pong or a visit at the swimming pool – it won’t be boring for sure!

We are looking forward to see you! Because of limited participant places don’t wait to sign up!

organizer: Elbspeeders e.V.

support: Speedminton®, DCV, ICO

venue: Hössensportzentrum
Jahnallee 1
26655 Westerstede
Phone: 04488 8469-0
<https://www.hoessen.de/>

For training we will use large 3-field gyms. Sleeping, training and having meals will all take place at the Hössensportzentrum.

date: 25. to 27. May 2018

Arrive & Sign-In at **10:00 clock** (Friday 25.05.2018)

Start at **11:00 clock** (Friday 25.05.2018)

The event ends on Sunday (27.05.2018) at 18:00 clock

deadlines: deadline for registration: 11.05.2018

deadline for payment: 18.05.2018

deadline for resignation 18.05.2018, otherwise there will be no money back

participation fee: 175,- euros

The participation fee has to be payed until 18.05.2018 to the following bank account:

Account holder: Elbspeeders e.V.

BIC: HASPDEHHXXX

IBAN: DE69200505501318125679

keyword: Training Camp 2018, first and last lame

The participation fee includes the following:

- Full board (3 meals every day, drinks and fruits all day long)
- 2 overnight stays in 4 – 6 group rooms; single or double rooms are possible as long as available for additional 30,- / 20 ,- euros per person
- Participation at the full training program
- Free visit at the swimming pool

training program:

We will have training about 6 hours every day, structured in many different workshops and topics. Content will be technique, strategy & tactics, footwork, play practice, fault & video analysis, fitness and much more.

registration:

<https://goo.gl/forms/KEwMS9Mmi11krLva2>

Registration will be complete with payment.

Contact person:

For any questions please contact Timo Klemm:
klemm@elbspeeders.de

approach:

Hössensportzentrum
Jahnallee 1
26655 Westerstede
Phone: 04488 8469-10
Fax: 04488 78317
E-Mail: info@hoessen.de

